

SRLP 3075 Research Methods (3,3,0)

Prerequisite: GEGR 1302 Understanding Statistical Data or equivalent

This course aims to provide students with knowledge of the process of conducting research. Students will develop skills in reading and understanding current research reports, writing up research proposals, and completing an independent piece of small scale research. They will also acquire skills in qualitative and quantitative data entry, use of appropriate software to analyze data and make interpretations.

SRLP 3105 Nutrition and Health (3,3,0)

This course is to provide students with basic nutritional principles and practice as related to health, fitness and sport. In addition, students will examine the importance of nutrition and weight maintenance throughout life cycle.

SRLP 3115 Prevention and Care of Sport Injuries (3,3,0)

Prerequisite: SPRS 5617 Scientific Foundations to Human Movement or equivalent

This course aims to help students understand the basic etiology and mechanisms of sport injury, the indications and contraindications of treatments related to specific injury trauma. Concerns related to the prevention and care of common injuries among persons with special needs will also be addressed. Students will also be provided with opportunities to demonstrate skills of proper handling of acute sport injuries.

SRLP 3125 Planning and Leading Rhythmic Activities (3,1,2) (C)

This course aims to provide students with the basic knowledge related to designing, planning, and leading a variety of rhythmic activities for persons with/without special needs. Students will be provided with opportunities to apply knowledge to practical situations.

SRLP 4005 Internship II (3,0,3)

Prerequisite: SRLP 3008-9 Internship I

This course requires students to work for at least 300 hours under the supervision of a faculty supervisor and the agency supervisor. Students will be expected to observe the agency at work and to assist the agency in planning and leading activities. A diversity of experiences (working with mainstream population and with persons with special needs) is preferred.

SRLP 4008-9 Honours Project I & II (3,0,3)

Prerequisite: SRLP 3075 Research Methods

The Honours Project allows students to apply knowledge accumulated from the programme to pursue an in-depth research on a specific topic of their interest under the guidance of an appointed faculty member.

SRLP 4015 Design and Management of Sport and Recreation Facilities (3,3,0)

This course aims to provide students with an overview of different types of sport and recreation facilities and the management of such facilities. Special attention would be directed towards the understanding of accessibility as applied to facility designs.

SRLP 4025 Financial and Human Resources Management in Sport and Recreation (3,3,0)

This course equips students with basic knowledge of management theories, concepts, and skills with a focus on financial management and human resources management. The practical applications of these theories, concepts and skills to recreation settings will be provided.

SRLP 4035 Sport and Recreation for Persons with Physical and Intellectual Disabilities (3,3,0)

This course provides students with knowledge on the opportunities for sport and recreation for persons with physical and intellectual disabilities. Focus will be place on the international and local organizations responsible for providing sport and recreation

programmes for these populations. Current issues such as equal opportunity, attitudes, and legal and politics related to competitive sport for persons with physical and intellectual disabilities will also be explored.

SRLP 4045 Health Fitness Assessment and Exercise Prescription (3,2,1)

Prerequisite: SPRS 5618 Test and Measurement in Sport and Recreation or equivalent

This course aims to provide students with a thorough understanding of health fitness assessment and exercise prescription. Students will have hands-on experiences in making assessments in laboratory and field settings on persons with/without special needs and acquire ability to interpret results and prescribe appropriate health fitness programmes.

SRLP 4055 Marketing in Sport and Recreation (3,3,0)

This course aims to provide students with the basic knowledge of marketing theories and an understanding of the differences between service and merchandise marketing. The role and strategies of marketing in sport and recreation will also be discussed.

SRLP 4105 Leisure Education (3,3,0)

This course aims to provide students with an overview of leisure education including its philosophy and implementation strategies. Students will be provided with an opportunity to explore and discuss approaches and strategies that can be utilized to provide leisure education programmes in school and community settings while taking into account cultural diversities, attitudes towards persons with special needs, and the psychodynamics of marginalized populations.

SRLP 4115 Planning and Leading Inclusive Games and Activities (3,1,2)

Prerequisite: SRLP 3005 Individual Differences of Cognitive, Learning, and Skill Acquisition

This course aims to provide students with knowledge related to designing, planning, and leading a variety of games and activities for persons with special needs. Students will be provided with opportunities to apply knowledge to practical situations.

SRLP 4125 Independent Project (3,0,3)

Prerequisite: SRLP 3075 Research Methods

The purpose of the Independent Project is to allow students to apply knowledge accumulated from the programme to pursue a small-scale research on a specific topic of their interest under the guidance of an appointed faculty member.

SRLP 4135 Leisure Counselling (3,3,0)

This course aims to provide students with an opportunity to understand the individual and social dynamics influencing leisure choices. Students will acquire basic counselling and educational intervention techniques to help clients with diverse socio-cultural backgrounds, interest, and physical/Intellectual abilities, to identify and overcome constraints to pursue leisure activities.

SRLP 4145 Outdoor Recreation and Adventure Education Programming (3,2,1)

This course aims to provide students with an understanding of the nature of outdoor recreation and adventure education and to acquire the essential knowledge and skills to plan and lead outdoor recreation and adventure education programmes for persons with special needs and for the mainstream population.

SRLP 4155 Planning and Leading Water Activities (3,1,2)

Prerequisite: GEGR 5607 Swimming or equivalent

This course aims to provide students with knowledge related to designing, planning, and leading a variety of water (pool) activities for persons with special needs. Students will be provided with opportunities to apply knowledge to practical situations.