

SOWK 7240 Critical Youth Work (3,3,0) (C)
By drawing insights from the radical and critical traditions of social work, this course specifically focuses on studying the structural and poststructural perspectives on informing the theorizing and practice of critical youth work with particular reference to oppression and dominations in the social context of Hong Kong.

SOWK 7310 Globalization and Community Development Practice (3,3,0) (E)

The aims of this course are to: 1) Explore concepts, theories and practice models in community development under current global context; 2) Develop competencies in appreciating work approaches with disadvantaged communities of different nature and settings; 3) Critically evaluate problems and issues in the application of community approaches in the local context characterized by global changes; 4) Cultivate value awareness of and commitment for collective welfare for disadvantaged communities; and 5) Appreciate the significance of developing community practice confronting global challenges.

SOWK 7410 Human Diversity and Cultural Differences (3,3,0) (C)

This course helps students to understand and appreciate similarities and diversities of human behaviour from a diversity and anti-oppression perspective, particularly with respect to social and cultural differences, and the challenges and strengths of young people in the local context.

SOWK 7420 Theories in Counselling and Therapy (3,3,1) (C)

The course introduces the students to a wide range of theories and practice of counselling and psychotherapy with particular reference to young people as a target group and as change agents. It covers the theoretical foundation of counselling and psychotherapy and examines some of the major important approaches: psychoanalysis, humanistic, cognitive-behavioural, family and solution-focus therapies. The course also discusses new developments of counselling theories and new approaches to the practice of counselling.

SOWK 7430 Narrative Approach to Counselling (3,3,0) (C)

This course focuses on introducing to the students the diverse and yet inter-related narrative approaches to working with young people and their families at different settings, as well as the basic philosophy, concepts, and therapeutic conversations.

SOWK 7440 Narrative Interventions for Specific Youth Groups (3,3,0) (C)

Prerequisite: SOWK 7430 Narrative Approach to Counselling or consent of the Department

Narrative intervention approaches to enhance collaborative work with young people will be covered. In particular, the students will be introduced to narrative counselling strategies and interventions as well as their application to specific youth groups with a diversity of problems and needs, and other personal identity parameters like ethnicity, gender and age.

SOWK 7450 Counselling Young People: Processes and Issues (3,3,0) (C)

This course provides students with knowledge of counselling processes and skills in facilitating user exploration, assessing counselling needs, and designing intervention plans, in particularly with young people in Hong Kong. Major areas of concern in youth counselling are also discussed, including social skills and social competence, career guidance and development, fostering resilience in children and adolescents, peer counselling and support, and counselling youth at-risk.

SOWK 7470 Counselling Project (3,0,1)

In this course, students are required to carry out and write up a small counselling project that may be based on their actual counselling practice experience or any other projects approved by the Department.

SOWK 7480 Counselling Practicum I (3,0,3)

Prerequisite: (1) SOWK 7450 Counselling Young People: Processes and Issues and SOWK 7420 Theories in Counselling and Therapy, and (2) cumulative GPA of 2.5 or above by the end of the 1st semester of his/ her Year I study or consent of the Department.

This course requires students to engage in direct counselling practice with young people, under the supervision of experienced professional counsellors. Through the course, it is intended to develop students to be effective counselors, capable of applying counselling knowledge and ethical principles, in a responsive manner.

(Students must pass Practicum I in order to start Practicum II. If a student fails in Practicum I, he/she will have to re-take this before he/she can do Practicum II.)

SOWK 7490 Counselling Practicum II (3,0,3)

Prerequisite: (1) SOWK 7480 Practicum I and (2) cumulative GPA of 2.5 or above by the end of the 1st semester of his/ her Year II study. Full time students have to obtain a GPA of 2.5 or above by the end of the first semester or consent of the Department.

This course requires students to engage in direct counselling practice with young people, under the supervision of experienced professional counsellors. Through the course, it is intended to develop students to be effective counselors, capable of applying counselling knowledge and ethical principles, in a responsive manner.

(Students must pass the Practicums in order to graduate from the programme. If a student fails in Practicum II, he / she must retake the course and pass with at least "C-".)

SOWK 7500 Family Therapy (3,3,0) (C)

Prerequisite: SOWK 7420 Theories in Counselling and Therapy or consent of the Department

This course approaches to enhancing collaborative work with young people will be covered. In particular, the students will be introduced to strategies and interventions from the approaches of structural family therapy and solution-focused brief therapy as well as their application to specific youth groups with a diversity of developmental issues and needs.

SOWK 7510 Cognitive-behavioural Therapy (3,3,0) (C)

Prerequisite: SOWK 7420 Theories in Counselling and Therapy or consent of the Department

This course adopts a psychotherapeutic approach that is evidence-based effective for helping people overcoming many different types of psychological problem. This course provides students with a rudimentary understanding of the theory and techniques of cognitive behavioural therapy. Students successfully completing this course should be able to evaluate a client from a CBT point of view and be able to perform basic psychotherapeutic interventions using CBT strategies. In addition to the Western focused CBT, cross cultural issues associated with the application of CBT techniques in the context will be discussed.

SOWK 7610 Society and Social Policy (3,3,0) (C)

This course discusses various sociological perspectives to the understanding of the society and social policy. It examines selective models of social policy analysis and administrative and organizational theories and evaluates how these models and theories enable social workers to effect policy and organizational changes. It also critically examines the roles played by social workers in the field of social policy and administration with references to both local and international academic literature and research studies.

SOWK 7620 Human Development and Cultural Differences (3,3,0) (C)

This course helps students to understand and appreciate human development and behavior across the life span particularly with respect to socio-cultural differences and the social environment at large, and to the challenges and strengths of service users and targets in the local context.