

PSY 3790 Positive Psychology (3,2,1) (E)

Prerequisite: PSY 1110 Principles of Psychology

The course introduces the major principles and concerns of positive psychology. The meanings and measurement of happiness and subjective well-being will be discussed, and empirical research in positive psychology will be reviewed. Emphasis is put on the promotion and development of positive experiences, positive individual traits, and positive institutions.

PSYC 1005 Principles of Psychology (3,2,1) (E)

This course introduces the basic concepts in psychology and serves as a foundation course in psychology. Major topics include biological and developmental processes, perception and consciousness, learning and thinking, motivation and emotion, personality and individuality, adjustment and mental health, and social behaviour. The basic elements of research methods in psychology and the major psychological approaches to the study of behaviour are also discussed.

PSYC 2005 Introduction to Health Psychology (3,2,1) (E)

Prerequisite: PSYC 1005 Principles of Psychology

This course provides an overview of basic theories and methods in health psychology and the role of health psychologists in clinical and research settings. Topics include health promotion, psychophysiology of health, health-related behaviors, pain and stress, management of chronic and terminal illness, health services, and cross-cultural issues in health psychology. Emphasis will be given on applying psychological concepts in the promotion of healthy living style and the development of healthy behaviors.

PSYC 2006 Developmental Psychology (3,2,1) (E)

Prerequisite: PSYC 1005 Principles of Psychology

This course is mainly concerned with understanding the different aspects of psychological development such as physical, perceptual, language, cognitive, emotional, social and moral development. It covers developmental changes from conception to old age including death and dying. Current research on the psychological development of Chinese people will be introduced.

PSYC 2007 Psychology of Personality (3,2,1) (E)

Prerequisite: PSYC 1005 Principles of Psychology

This course aims at stimulating students' thinking in current issues and controversies in the scientific study of personality. It involves a survey of various theoretical approaches to personality: the psychodynamic, behavioural, humanistic, trait, and information-processing. Topics include personality development, personality dynamics and personality assessment. Current research on the personality of Chinese people will be introduced.

PSYC 2016 Social Psychology (3,2,1) (E)

Prerequisite: PSYC 1005 Principles of Psychology

This course is chiefly concerned with understanding the character of the influences of relationships, small groups, and the larger institutions of society. Topics include interpersonal attraction, discrimination, aggression, conformity, group processes and leadership, development of opinions and attitudes, and prosocial behaviour in terms of the thought and feelings of the individual involved. The personal and societal applications of social psychology are examined.

PSYC 3005 Abnormal Psychology (3,2,1) (E)

Prerequisite: PSYC 1005 Principles of Psychology

This course provides a survey of mental disorders in terms of the emotional, psychological, and cultural constellation of the person. It involves a survey of various mental disorders: anxiety, mood, delusional, developmental and personality. Topics include suicide, schizophrenia and mental retardation. Legal and ethical issues in treatment and therapy are examined.

PSYC 3006 Positive Psychology (3,2,1) (E)

Prerequisite: PSYC 1005 Principles of Psychology

The course introduces the major principles and concerns of positive psychology. The meanings and measurement of happiness and subjective well-being will be discussed, and empirical research in positive psychology will be reviewed. Emphasis is put on the promotion and development of positive experiences, positive individual traits, and positive institutions.

PSYC 3015 Psychology of Work (3,2,1)

Prerequisite: PSYC 1005 Principles of Psychology

This course provides students with the basic concepts in psychology that are essential to the study and understanding of work-related behaviour, facilitating interpersonal communication, coping with work-stress, and managing group decision, and leadership.

PSYC 4005 Counselling Theories and Practice (3,2,1)

Prerequisite: PSYC 2007 Psychology of Personality

The course provides orientation to counselling as a scientific study of helping relationship. It involves a survey of selected major theories of counselling and their applications. Special counselling areas and populations, and ethical considerations are included.