

PERM 1335 Individual Sport: Table-Tennis (1,1,2)

This course is to enhance students' knowledge and practical skills in table-tennis. Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have the knowledge of the scientific bases of table-tennis; (3) demonstrate the different techniques of table-tennis; (4) apply simple tactics in game situation; and (5) understand the methods of teaching/coaching.

PERM 1336 Individual Sport: Tennis (1,1,2)

This course is to enhance students' knowledge and practical skills in tennis. It aims to introduce students to the foundation of tennis. Students learn the different techniques of grips, serves, strokes and footwork. Students will come to understand the knowledge of the scientific bases of tennis, simple tactics in game situation, the methods of teaching and how to officiate the matches.

PERM 1337 Martial Art: Judo (1,1,2)

This course is to enhance students' knowledge and practical skills in Judo. Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have the knowledge of the rules for Judo; (3) master basic Judo skills including falling, throwing and ground work techniques; and (4) learn the methods of teaching Judo.

PERM 1340 Team Sport: Soccer (1,1,2) (C)

Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have knowledge of the scientific bases of soccer; (3) be acquainted with the methods and teaching of individual skills and team play; (4) learn various types of offences and defences under game situation; and (5) be familiar with the rules and regulations of soccer game.

PERM 1345 Martial Art: Taekwondo (1,1,2)

This course is to enhance students' knowledge and practical skills in Taekwondo. Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have the knowledge of the rules for Taekwondo; (3) master basic Taekwondo skills including kicking, punching, and Poomse (forms); and (4) learn the methods of teaching Taekwondo.

PERM 1346 Martial Art: Tai Chi (1,1,2)

This course is to enhance students' knowledge and practical skills in Tai Chi. Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) understand the principles and philosophies of Tai Chi; (3) master the basic skills of Tai Chi; and (4) learn the methods of teaching Tai Chi.

PERM 1347 Team Sport: Basketball (1,1,2) (C)

This course is to enhance students' knowledge and practical skills in basketball. It aims to introduce students to the foundation of basketball. Upon completion of the course, students should be able to (1) acquire skills proficiency in basketball and the ability to apply skills in various game situations; (2) understand the knowledge about basketball includes the rules, offensive and defensive concepts, different game situations, scientific bases of basketball and ways to teach basketball to various age levels; and (3) develop an appreciation for and commitment to movement activity as lifelong pursuit.

PERM 1350 Racket Sport: Badminton (1,1,2) (C)

Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have knowledge of the scientific bases of badminton; (3) demonstrate the different techniques of grips, serves, strokes and footwork; (4) demonstrate simple tactics in game situation; (5) understand the methods of teaching; and (6) officiate the game.

PERM 1355 Team Sports: Handball (1,1,2)

The course covers fundamental handball skill of passing, catching and shooting, basic individual and team offensive and

defensive tactics, refereeing knowledge, and teaching methods of individual skills and team play. It aims to provide students with the knowledge of the scientific bases of handball. They will learn various types of offences and defenses under game situations, and be familiar with the rules and regulations of handball. Further, they will be acquainted with the methods of teaching of individual skills and team play.

PERM 1356 Team Sport: Soccer (1,1,2)

This course is to enhance students' knowledge and practical skills in soccer. Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have the knowledge of the scientific bases of soccer; (3) demonstrate the different techniques of soccer; (4) apply various types of offenses and defenses under game situation; (5) be familiar with the rules and regulations of soccer game; and (6) understand the methods of teaching/coaching.

PERM 1357 Team Sport: Softball (1,1,2)

This course is to enhance students' knowledge and practical skills in softball. It aims to introduce the scientific bases and techniques of fast-pitch softball. Students will learn basic softball techniques for throwing, fielding, batting and base-running. Students will also acquire knowledge of the competition rules and umpire signals. In addition, basic principles for teaching of basic softball skills will be introduced.

PERM 1360 Racket Sport: Table-tennis (1,1,2) (C)

Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have knowledge of the scientific bases of table-tennis; (3) demonstrate the different techniques of grips, serves, strokes and footwork; (4) demonstrate simple tactics in game situation; (5) understand the method of teaching; and (6) officiate the game.

PERM 1365 Team Sport: Volleyball (1,1,2) (C)

This course is to enhance students' knowledge and practical skills in volleyball. Upon completion of the course, students should be able to master concepts/skills within the following domains: (1) *psychomotor*: skills proficiency in volleyball and the ability to apply skills in various volleyball game situations; (2) *cognitive*: knowledge about volleyball includes the rules, offensive and defensive concepts, tactics and strategies in different game situations, scientific bases of volleyball and the methods of teaching/coaching volleyball to various levels/targets; and (3) *affective*: appreciation of teamwork and its commitment, fair play, sportsmanship, and physical activity/exercise as a lifelong pursuit.

PERM 1370 Racket Sport: Tennis (1,1,2) (C)

Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have knowledge of the scientific bases of tennis; (3) demonstrate the different techniques of grips, serves, strokes and footworks; (4) demonstrate simple tactics in game situation; (5) understand the methods of teaching; and (6) officiate the game.

PERM 1380 Racket Sport: Squash (1,1,2) (C)

Upon completion of the course, students should be able to (1) achieve the common objectives of skill courses; (2) have the knowledge of the scientific bases of squash; (3) demonstrate the different techniques of grips, serves, strokes and footwork; (4) demonstrate simple tactics in game situation; (5) understand the methods of teaching; and (6) officiate the game.

PERM 1390 Alternative Sports and Games (1,1,2) (C)

This course enables students to (1) comprehend and demonstrate an understanding of the latest trends of the "City Sports and X Games" such as golf, bicycling, war games, roller skating and water skiing; (2) acquire essential skills to participate in various most up-to-date "City Sports and X Games"; and (3) understand the social and physical influences of the "City Sports and X Games".